



**Crawley AC**  
**Early Season Open Meeting**  
**K2 Leisure Centre, Crawley, RH11 9BQ**  
**Sunday 7<sup>th</sup> April 2019**

Electronic Timing & Photo Finish - Provisional Time Table

www.crawleyac.net

Track			Field		
11:45	1500m	U13 and above Men & Women	10:45	Hammer	U15 and above Men & Women with <b>Pb's 35m +</b>
12:20	60m	U11 Boys & Girls	11:00	Long Jump	U15 and above Men & Women
12:35	80m	U20 and above Men & Women			
12:45	80m	U17 Men & Women	12:30	Long Jump	U13-Boys
12:55	80m	U15 Men & Women	12:30	Hammer	U15 and above Men & Women with <b>Pb's &lt; 35m</b>
13:10	75m	U13 Boys & Girls			
13:35	600m	U11 Boys & Girls			
13:50	300m	U20 and above Men & Women	13:30	Long Jump	U13 Girls
14:00	300m	U17 Men & Women	13:30	Shot	U17 and above Men & Women
14:10	300m	U15 Men & Women			
			14:00	Discus	U13/U15 Boys & Girls
14:30	150m	U11 Boys & Girls			
14:40	150m	U20 and above Men & Women	15:00	Long Jump	U11 Boys & Girls
14:50	150m	U17 Men & Women			
15:00	150m	U15 Men & Women	15:30	Shot	U13/U15 Boys & Girls
15:15	150m	U13 Boys & Girls	15:30	Discus	U17 and above Men & Women
15:30	600m	U13/U15 Boys & Girls			
15:45	600m	U17 and above Men & Women			
16:00	3000m	U15 Boys & U17 and above Men & Women			

1. Competition run under UKA Laws, except U11 – UKA Permit OUT 19/104
2. Ages at 31<sup>st</sup> August 2019 for U13, U15 & U17. U20 & Seniors ages at 31<sup>st</sup> December 2019. (U11 MUST be 9 but under 11 on 31st August 2019 – School year 5).
3. Maximum spike length 6mm (Javelin 9mm).
4. **Field Events** – 4 trials – depending on entries at the discretion of the Field Referee
5. **Entry to this meeting will be online** – www.crawleyac.net
6. **PRE ENTRY** fee is £5.00 per event (Pre entry closes midnight Thursday 4th April)
7. **Entries on the day** £7.00 per event or 3 events per athlete for £20
8. **Enquiries** – E-mail [open@crawleyac.org.uk](mailto:open@crawleyac.org.uk)
9. Provisional timings & events may vary due to entry numbers.
10. U11/U13/U15/U17 athletes can enter a **maximum** of 3 events, U11/U13/U15 athletes can only compete in one race between 600m & 3000m.
11. Athletes must pay/collect their numbers from registration **at least 45 minutes** before the start of their first event.
12. Results from the meeting will be published on our website following the meeting once they have been checked. Power of 10 will be notified within 72 hours.

**Enter online .....**

**www.crawleyac.net**